

# Kincasslagh Parish Newsletter, 5<sup>th</sup> March 2017

Tel: 074 95 42006 - Email: [info@kincasslagh.ie](mailto:info@kincasslagh.ie) - Facebook Kincasslagh Parish - Web: [www.kincasslagh.ie](http://www.kincasslagh.ie) - SVP 087 050 7895

## Schedule of Masses

### St. Mary's Church, Kincasslagh

#### Next Weekend

Saturday @ 7.00 p.m.

Sunday @ 10.00 a.m.

#### Next Week

Monday @ Tuesday and Thursday @ 10.00 a.m.

Wednesday & Friday @ 7.00 p.m.

### St. Columba's Church, Acres

#### Next Weekend

Saturday @ 6.00 p.m.

Sunday @ 11.00 a.m.

#### Next Week

Mon, Tues, Wed, Thurs & Fri @ 10.00 a.m.

## Anniversaries and Masses

**Pat James Boner**, Keadue, Sat 4<sup>th</sup>, StC  
**Murray and Bridget O'Donnell**, Mullaghduff and daughter **Bridget Connolly** Monaghan and son **Paddy Murray**, Mullaghduff, Sat 4<sup>th</sup>, StM  
**Bridget McCole**, Sun 5<sup>th</sup>, StM  
**Frances Crawley**, Sun 5<sup>th</sup>, StC  
**Jimmy Gerard Boyle**, Wed, StM  
**Paddy Rodgers**, Months mind, Fri evening, StM  
**Mary Kate & James Michael O'Donnell**, Sat 11<sup>th</sup>, StC

**Frances Ward**, Keadue, Sat 11<sup>th</sup>, StM

**Paddy McLaughlin** & his son **Christopher**, Sun 12<sup>th</sup>, StM

**Robert Kidd**, who died in Queensland, Australia, husband of Kathleen Anne Gallagher, formerly of Meenbannad

**Shirley Murphy**, Navan who was buried in Navan last Wednesday. Parents Breege and Brian Murphy live in Keadue. Months mind Mass on Friday 24<sup>th</sup> March at 7.00 p.m. in Kincasslagh in her memory.

**Manus McGonagle**, Cloughglass, who was buried on Tuesday.

**Ann O'Donnell**, Milltown, whose anniversary occurs at this time.

## Fundraising Events

**Caislean Oir, Annagry Quiz** on **Wednesday 5<sup>th</sup> Oct, 10pm.** in aid of **Kayleigh Greens Charity**

**Trip to Uganda.** €20 per team of 4

**St. Mary's Hall, Kincasslagh Bingo** on **Friday night at 8.30 p.m.** in aid of **Keadue Rovers FC.**

### Keadue Rovers weekend fixtures

Keadue Rovers Youths v Milford Utd Youths.

Saturday @ 2pm.

Bonagee Utd v Keadue Rovers. Sunday @ 2pm.

**Fundraising Dance** for Breast Centre North West and Aoiheann's Pink Tie in the Plaza Buncrana on the 24<sup>th</sup> of March 2017. Music by **Robert Mizzell** and **David Craig**. Tickets on sale in Bradley's Fahan, Oasis Bar Letterkenny and Joe's Foods Letterkenny or ring 0749384386

**Anam Cara**, the organisation that supports bereaved parents, is holding its next monthly Parent Evening on Thursday 9<sup>th</sup> of March from 19:30 to 21:00 in the Mount Errigal Hotel. This event is open to all bereaved parents.

## Friends Of The Old Railway

You are invited to support the ongoing maintenance of The Old Railway Walk Burtonport by becoming an annual contributor of €12 via our Friends of the old railway collection. Collections will take place this month on Saturday 4<sup>th</sup> March Directly after 6pm mass and again on Sunday 5<sup>th</sup> directly after 11am mass. Contributions can also be made via our DONATION BUTTON that will be in operation from next week.

## St Patrick's day – Burtonport.

Preparations are currently well under way for the "St Patrick's Day Celebrations which will be held from 12 - 2 at St Columba's Community Center, Burtonport. As usual, we won't be able to do this without you so please help us in any or all of the following ways...

1. By show casing your talents in the form of music, marching band, dancing, etc.
2. By bringing along some food on the day that we can share with the community
3. By donated and sponsoring gifts/services that we can use as prizes on the various games and raffles which we have on sale. If you have gifts that you are willing to donate please do so ASAP to the community center so that we can allocate prizes to the various games. **Thank you.**

## Irish Water Safety Weeks

Dates for your diary. Proposed dates for local Irish Water Safety Weeks 2017 will be July 17<sup>th</sup> - 21<sup>st</sup> and August 14<sup>th</sup> - 18<sup>th</sup>.

## Are You In Need Of A Social Prescription?

Social Prescribing is about supporting the health and wellbeing of individuals by helping them to engage in community based activities and supports such as exercise, therapy, art, relaxation, educational courses etc. This service is now available in The Rosses area. For an appointment please call 0871511855

## Happy Birthday



Fr. Matt enjoyed the company of his siblings on the occasion of his 80<sup>th</sup> birthday on Friday. On behalf of the parish I would like to wish Fr. Matt a very happy birthday and blessings for the coming year.

## Art Box - Parent/Carer & Toddler group

The breakfast ArtBoX continues to be held on Mondays from 10 - 12 weekly at Rosses CDP. This is a group open to parents/carers with young children where they can come along to meet and make friends whilst getting involved in some creative art activities. Cost per session is €2 and snack and refreshments are included in this price. Come along and be part of the fun.

## St Columba's Community Centre presents

music by Eddie Gallagher and Dymphna on Sunday 12<sup>th</sup> March from 3pm – 5.30 p.m. including Jive, Waltz, Line-dancing, etc. Tea/Refreshments served

**The Market /Bargain Rail** is opened on Tuesday's at 10 am until 2 pm and on a Sunday

from 10am until 1 pm.

**Drive change in your community**, volunteer at the Donegal, Letterkenny Michaela Foundation Summer Camp.

Michaela Foundation are currently recruiting enthusiastic individuals aged 17+ to volunteer at their Summer Camp for girls in Loreto Convent Secondary School, Letterkenny from 3rd – 7th July.

At Camp, girls aged 11-13 will engage in a range of volunteer-led activities based on Michaela Foundation's five core elements; Fun, Faith, Fashion, Well-being and Fáilte.

Most volunteers say that they get a huge amount back from volunteering with Michaela Foundation. Benefits include the satisfaction of giving time constructively, the sharing and gaining of skills and experiences, not forgetting the social buzz from meeting new people.

Whilst the positive impact of volunteering on individuals' self-esteem and confidence is undeniable, operations manager Una Ní Cheallaigh states that many young people see it as an opportunity to enhance their UCAS or CAO application. Furthermore, many people view volunteering with Michaela Foundation as a chance to develop their CV and enhance their employment prospects.

Those interested in volunteering should visit [www.michaelafoundation.com](http://www.michaelafoundation.com) to learn more about the roles available and to apply online. All volunteers must be vetted and complete child protection training. Campette registration will commence online Thursday 2nd March.

## Catholic Grandparents Association

1st Annual Retreat 26th & 27th April 2017

THEME - Helping our Children and Grandchildren to know, love and serve God in these highly secularised times. Venue - Dominican Retreat Centre, Tallaght Village Dublin 24. Day only and overnight attendance options available

Inspiring talks, lively discussion

- Speakers including Fr. Benny McHale

Contact Connie at 098 24877

or catholicgrandparents@gmail.com

**Occupational First Aid Course** : We are now taking names for Occupational First Aid which will run in the Rosses CDP Chapel Road. The course will run over three days and cost is €45euro. To book a place please contact the RCDP on 074 95 61686/ 0879615775.

#### FORMS OF FRIDAY PENCE

The following are suggested as ways of fulfilling Friday penance:

- Abstaining from meat or some other food;
- Abstaining from alcoholic drink or smoking;
- Making a special effort at involvement in family prayer;
- Making a special effort to participate in Mass on Fridays;
- Visiting the Blessed Sacrament;
- Making the Stations of the Cross;
- Fasting from all food for a longer period than usual and perhaps giving what is saved to the needy;
- Helping the poor, sick, old or lonely.

From the statement on Friday Penance issued by the Bishops' Conference, 2010

**Lá Glas Gaelach** - To celebrate "Seachtain na Gaeilge" Scoil an Aingil Choimheádaí, Keadue will host an afternoon of ceol, craic agus cultúr. Followed by a Céilí/Jiváil/Roc&Ról on Friday March 10th 12noon till 2.30pm. Everyone Welcome Traditional food and beverages will be served Tá míle fáilte romhaibh! Craft Circle in Keadue National School is now discontinued for this school year. Thanks for all who attended.

**Adult Volunteers (18Yrs+)** for help with Programmes or One-Off Trips @ NYP Youth Project. Seeking 1-2 Hrs a week from you to share Skills & Time for the likes of Crafts, Outdoor Activities, Coding, Drama/Music or bring some new idea to the project. Training & Garda Vetting is provided Free. Contact 086 8280149

**Adult Drama Classes** with Dessie Gallagher, will be starting in the Pastoral Centre Letterkenny on Wednesday nights for 10 weeks. Start date: Wednesday 29th of March, from 6pm till 9pm. Fee: €50.00 for ten classes. Enroll now to book your place: 074 9121853. Gain confidence; increase your self-esteem in a nurturing, creative and fun way! "The important thing is to take the next step and enjoy giving it a chance".

**A.S.I.S.T. Applied Suicide Prevention Skills** Training Course is the most widely used suicide prevention course. Next two-day course will run Wednesday 24th May and Thursday 25th May from 9am till 5pm. The course is FREE of charge. Donations welcome.

**Final Registration** night for membership of CLG An Clochan Liath will be held on Saturday 11<sup>th</sup> March, at the clubhouse from 7.30 to 9pm

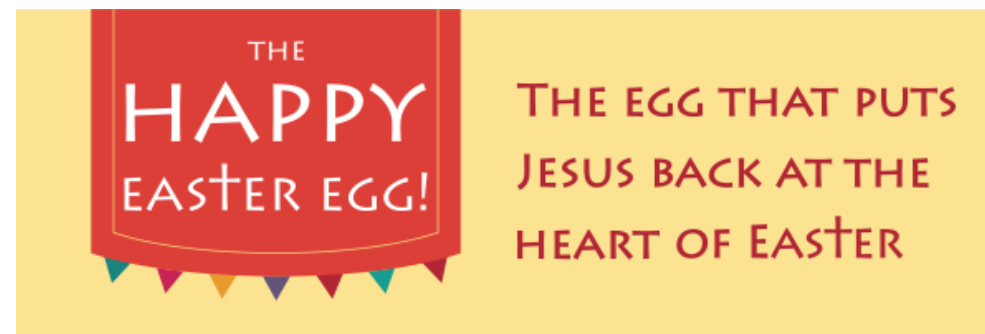
**Fibromyalgia Group** coming together on Wednesday the 8<sup>th</sup> March in the Rosses CDP at 7 p.m. A talk with Roisin Bonnar on Reflexology and Relaxing.

**Volunteers wanted Siopa Pobal na Rosann** : Do you want to be involved In your community? If yes why not join our team of volunteers at Siopa Pobal na Rossan. Give four hours a week. Gives you an opportunity to interact with the community. Proceeds from shop go back to the community . If you would like to join us call into the Rosses CDP offices or phone 074 95 61686 or mobile 087 9615775

**Social Bridge**; Come along to the Rosses CDP from 2pm - 4pm every Wednesday for a game of Bridge. €3 per session.

**Chair Aerobics** on a Thursday morning at 12pm to 1pm in the Rosses CDP. Suits all abilities and all ages. Wear comfortable clothing. Cost is €5 If you would like further information tel Rosses CDP 087 9615775 or 074 95 61686. Carers Clinic and FREE Health Check The carer's clinic offers a one to one opportunity to discuss your caring role, to find out about entitlements, training/education, respite and other support services to help you care at home. In Dungloe Community Hospital Tuesday 7<sup>th</sup> March 11am-2pm. For further details or make an enquiry contact Diane Donnelly, Carer's Development Officer on: 0872770103 or email [diane.donnelly@hse.ie](mailto:diane.donnelly@hse.ie)

**Catholic Grandparents Association** 1st Annual Retreat/Conference. 26th & 27th April 2017. **THEME** - Helping our Children and Grandchildren to know, love and serve God in these highly secularised times. Venue - Dominican Retreat Centre, Tallaght Village Dublin 24 Day only and overnight attendance options available. Inspiring talks, lively discussion - Speakers including Fr. Benny McHale Contact Connie at 098 24877 or [catholicgrandparents@gmail.com](mailto:catholicgrandparents@gmail.com)



**Milk chocolate egg & honeycomb crisp chocolates**  
(195g)

**Free Happy Easter Story booklet**

**Watch the Happy Easter Story online**



**Free Competitions**

**10c donation to The Hope Foundation**

**Only €8.00 each**



Orderline +353 (0)85 229 3722 | [info@happyeasteregg.ie](mailto:info@happyeasteregg.ie)

[www.happyeasteregg.ie](http://www.happyeasteregg.ie)