

# Kincasslagh Parish Newsletter, 28<sup>th</sup> January 2018

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## Schedule of Masses

### **St. Mary's Church, Kincasslagh**

#### Next Weekend

Saturday @ 6.30 p.m.

Sunday @ 10.00 a.m.

#### Next Week

Wednesday @ 7.00 p.m.

Thursday @ 10.00 a.m. St. Bridget's day

Saturday @ 11.00 a.m. St. Blaise

### **St. Columba's Church, Acres**

#### Next Weekend

Sunday @ 11.30 a.m.

#### Next Week

Monday @ 10.00 a.m.

Thursday @ 11.30 a.m. St. Bridget's day

Friday @ 10.00 a.m. Candlemass day.

## Anniversaries and Masses

**Mary Rose Beattie**, Months mind, Sat 27<sup>th</sup>, StC

**Lawrence Breslin**, Mountcharles, Sun 28<sup>th</sup>, StM

**Sheila Bonner**, Meenmore, Months mind, Sun 28<sup>th</sup>, StC

**Danny** (Kathleen Stewarts Brother), Monday

**Mary Sweeney**, Arranmore, Wed, StM

**Toney Owenie Manus**, Tullyisland, Thurs, StC

**John Rosie Gallagher**, Chapel Gate, Sat 3<sup>rd</sup> Feb, StM

**Fred Sharkey**, Sun 4<sup>th</sup>, StM

**Ellen McCole**, Sun 4<sup>th</sup>, StC

#### Recent Deaths

**Maria McLean**, Dumbarton, sister of Pauline McLean, who was buried last week.

#### Anniversaries

**Bridget Boyle**, USA and Milltown

**Jim Healy**, Limerick

**Alan Johnson and Kate Moy**

## Fundraising Events

**Caislean Oir, Annagry Quiz** on **Wednesday @ 10pm.** in aid of **Mullaghduff Band**. €20, team of 4


**St. Mary's Hall, Kincasslagh Bingo** on **Friday night at 8.30 p.m.** in aid of **Keadue Rovers FC. Keadue Rovers Weekend Fixtures**

Arranmore Utd v Keadue Rovers Reserves. Saturday @ 1pm.

Keadue Rovers Youths v Swilly Rovers Youths. Saturday @ 2pm.

Ballybofey Utd v Keadue Rovers. Sunday @ 2pm.

The **festival silver circle** is starting with the 1st draw taking place at the end of February. Its €10 a month for 5 months with monthly prizes of 1st: €200 2nd:€100 and 3rd:€50. Sheets will be available in the local businesses or just give us a shout on 0860851046



**YOGA WITH MARK**

St Mary's Hall, Kincasslagh

Tuesday 7-8pm  
Thursday 10-11am  
Resuming 30th January

€7.50 per class, equipment supplied  
Text Mark on 087 4024293  
for further details.

## Ranganna Comhrá Gaeilge do Thuismitheoirí/ Daoine fásta;

Irish Conversational Classes for Adults/Parents will commence in Scoil an Aingil Choimheádaí, Céideadh, on Mon. Jan 29<sup>th</sup>-- -- 7-9pm...comprising of 2 groups: Beginners and Intermediate. There are still a few places available in each group and classes are free of charge. If interested or require further info. please contact 087 903 0604 before 4pm. Mon 29<sup>th</sup>. Go raibh maith agaibh.

## Cancer Charity Dinner Dance on

Saturday 10<sup>th</sup> February 2018 @ 7.30 pm in the Waterfront Hotel, Dungloe. This is a ticket only event and tickets are €35.00 each. Music on the night by the popular Gary Fitzpatrick. Tickets can be bought in XL Burtonport(Spar), Waterfront Hotel or can be pre-ordered from Rosemary

on 087 702 8202 or Nicola on 086 403 8526. Charity drawn on the night receives the profits from this event.

## Scoil Mhuire Belcruit –Families of Faith

We would like to extend an invitation to any members of our community who would like to join us in our 'Families of Faith-Year of the Family' celebration on Thursday 1<sup>st</sup> February at 1pm. We will begin with the Rosary, followed by making of St. Bridget's crosses and finish off with a cup of tea and a bun. Everyone welcome.

**Food Cloud:** CDP na Rosann have joined with Lidl who are donating food to us to give to the community. If you are interested in collecting food or know of anyone who could use this service please give us a ring on 074 95 61686. The food has to be collected between 3pm - 4.30pm on a Thursday or 11am - 1pm on a Friday

CDP Na Rosann is taking names for a three day **Occupational First Aid**. This course is FETAC certified. The dates of course are as follows Saturday the 3<sup>rd</sup> of March, Sat the 10<sup>th</sup> March and Sat 24<sup>th</sup> March. Cost is €40 this fee is to be paid on registration. Tel CDP na Rosann 074 095 61686/0879615775

**Donegal Stress Control** class over 6 evenings beginning on Thursday the 25<sup>th</sup> January from 7pm to 8.30pm in CDP na Rosann Chapel Road Dungloe. This class is free and open to individuals aged 15 years and over. For further information and to book a place telephone CDP 074 95 61686

## Bereavement Support Group: in Raphoe Diocesan Pastoral Centre, Letterkenny

Start date: Tuesday 30<sup>th</sup> of January, from 7.00 pm- 9.30 pm, fortnightly. Finishing date is May 2018. This is a support group for adults who have experienced grief. Participants are guided through a programme that runs over 9 Tuesday evenings with a specific focus on personal experience that group members have encountered on their journey through grief. The group will be closed on the first

night. Do not hesitate to contact the Pastoral Centre in case you require more information. Feed-back on this programme has been extremely positive. The evenings are FREE of charge. Donations welcome. Tel: 074 91 21853.

## Course: Circle Dancing for Well-being: in Raphoe Diocesan Pastoral Centre, Letterkenny

Starts Thursday 1<sup>st</sup> of February, from 7.30 pm till 9.30 pm. There are four weekly sessions till 22<sup>nd</sup> of February 2018. Circle dancing is a simple form of dance which is very beneficial to improve your physical fitness and health. It can help people suffering from anxiety, stress, depression, isolation and loneliness, because it encourages community. You can get started even if you are not fit. No partner or previous experience is necessary. All you need is a pair of good-fitting shoes. Course will be €60/€40 concession. To secure a place a deposit of €20 is required and fee needs to be paid in full before the first evening. Facilitator: Alison Broder. Classes are open to all adults. Numbers limited. Tel: 074 91 21853

## Mental Fitness and Well-being: in Raphoe Diocesan Pastoral Centre, Letterkenny

Starts Wednesday 7<sup>th</sup> March from 7.30 pm till 9.30 pm. Four weekly sessions till 28<sup>th</sup> of March 2018. Would you like to learn how to face your feelings of anxiety and depression? This is a course which will help you to improve your mental health and well-being. Some techniques of anger management will be included. Course will be €90/ concession: €60. To secure a place a deposit of €20 is required and fee needs to be paid in full before the first evening. Concession is available. Facilitator: Kathy O'Connor. Classes are open to all adults. Numbers limited. Tel: 07491 21853

Traditional Music Session in the Mullaghduff Community Centre- Seanscoil on Friday 2 February at 8.30 pm... All welcome.. musicians, singers and listeners...Come along and enjoy the music, the craic and the tae!