Kincasslagh Parish Newsletter, 19th May 2019

Tel: 074 954 2006 - 086 230 0620 - Email: kincasslagh@raphoediocese.ie - 🖪 Kincasslagh Parish - Web: www.kincasslagh.ie - SVP 087 050 7895

Schedule of Masses <u>St. Mary's Church, Kincasslaah</u> <u>Next Weekend</u> Sunday @ 10.00 a.m. <u>Next Week</u> Friday @ 7.00 p.m. <u>St. Columba's Church, Acres</u> <u>Next Weekend</u> Saturday @ 6.30 p.m. Sunday @ 11.30 a.m. <u>Next Week</u> Monday @ 10.00 a.m. Thursday @ 10.00 a.m.

Anniversaries and Masses

Vernon Ward, Meenagowna, Sat 18th, StC Stephen Rowson, Sunday 19th, StM Peter Moy McCreath & Mary Moy Canning, Sunday 19th, StC Peggy Sweeney, Mullaghderg, Wed, StM

Minnie & Frank Doherty, Acres, Thursday, StC Annie & Brianie Ward Lr Keadue and Gracie & Sheila Bonner, Saturday 25th, StC Sheila Fitzharris, Dublin and Belcruit, Sunday 26th, StM Boyle & O'Donnell Families, Sunday 26th, StC

Anniversaries Bernie Donaghey

Denis Doherty. Cruit

Fundraising Events

Caislean Oir, Annagry Quiz on Wednesday @ 9.30 pm. in aid of Bosnia 2 Donegal, bringing Bosnian Orphans to Donegal. €20, team of 4. St. Mary's Hall, Kincasslagh Bingo on Friday night at 8.30 p.m. in aid of Keadue Rovers FC.

Self-Development Workshop with life coach Margaret Ann Ferry in CDP na Rosann. Starting Friday the 31st of May. Time to be confirmed later. This workshop will run for 5 weeks. Start living the life you want by taking positive action. Cost €30 (to be paid on registration). Please phone CDP na Rosann on 087 9615775 or 074 95 61686 to register. Siopa Pobal na Rosann are looking for

volunteers, if you have a couple hours to spare we would love to hear from you. Please contact the CDP 074 95 61686 or mobile no 0879615775.

Mercy Sisters in the Rosses

There will be a Mass to celebrate the contribution of the Mercy Sisters in the Rosses, especially Dungloe Hospital, in St Crona's Dungloe on Friday 24th May at 7.30pm. All welcome.

Rosses One Day Pilgrimage to Lough Derg

The Priests of the Three mainland Parishes of the Rosses have organised a One Day Retreat for parishioners of the Rosses on the Island of Lough Derg on TUESDAY 21st May. The cost is €45 inclusive. If you would like to participate please contact Fr. Pat at 074 954 2006, 086 230 0620 or at kincasslagh@raphoediocese.ie. BY 6.00 P.M.,

KINCASSIAGN@raphoediocese.ie. BY 6.00 P.M., SUNDAY 19[™] MAY. Bus needs to leave Dungloe at 7.45 a.m. to arrive for the 9.30 boat. Hoping to at least fill a 30 seater bus.

NYP Foróige: **Risky Biscuits (WED 6pm)** exclusively for 6[™] class boys &

girls. Grown up space with friends after school, try a range of activities & make those all important new connections with new people. **Youth Space (THURS 7pm)** exclusively aimed at Teens for catch up chats, music, sports, chill out or a listening ear. All Welcome no matter what school you attend, Tel: 086 828 0149

Eures Cross Border Partnership in conjunction with The Department of Employment Affairs & Social Protection and The Department for Communities in Northern Ireland are holding a Cross Border Jobs Fair on Thursday 30th May in the Abbey Hotel, Donegal Town. The event will run from 14.00pm until 20.00pm. A large number of employers will be in attendance and they will have a number of job offers available. Admission is free.

Darkness Into Light Árainn Mhór

DIL Árainn Mhór would like to thank everyone who travelled to the island for the event on May 11th. Thanks to Dominic Sweeney and The Arranmore Red Ferry for putting on an extra late sailing for the event. Thanks also to David Alcorn and Burtonport Community Centre for your help. Also to anyone else that helped and supported in any way. Over 80 people took part in the event and 2700 euro was raised. Next year's event will take place on May 9th 2020.



Are you worried about the drinking habits of someone in your life?

Whether it is you, a family member, a friend or a work colleague, then come along to our Public Information Meeting of Alcoholics Anonymous in

The Pastoral Centre, Monastery Drive, Letterkenny, on Thursday 23rd May 2019 at 7.30pm.

There will be speakers in attendance from Alcoholics Anonymous, Al-Anon and the HSE. Refreshments will be served afterwards.

Professionals such as doctors, nurses, teachers, the Gardai and the clergy are also invited to attend as they will find the meeting extremely informative. They see first-hand the damage that alcohol can cause in the family and the community as a whole.

If you want to talk or need help ring 01 842 0700 or 048 90351222

Heart Screening Offer

Pulsewave Ireland Heart & Artery screening in Donegal next week. The Bpro certified to measure CASP to 99.17% in comparison to an angiogram and as seen on BBC News. As Heart Disease is still the biggest killer in Ireland we try to make it easy for everyone to be screened. Normal cost of screening is €50 per person, Parish offer €30 per person for that we check your Blood Pressure, Heart Rhythm, Casp of heart, arterial flexibility and Blood flow. We can access the risk of heart attack or stroke with a simple non-invasive test. Venues as follows: Wednesday 29th May The Clanree Hotel Letterkennv Thursday 30th May The Lake Of Shadows Hotel Buncrana

Friday 31st May The Mill Park Hotel Donegal Town Appointments available from 11 am to 8pm daily Call 087-7151623 to make an appointment spaces are limited The Screening is medically approved and each person will receive a detailed printout which they may discuss with their own GP.

Martin & Ciara wish to invite all past pupils & the local community to the Old Roshine School House Open Day & Blessing on Sunday 19th May from 12.00 to 3.00pm. Hope to see you all there for a chat & reminisce!



The next draw in the Kincasslagh Parish fundraising will take place in St. Mary's Parochial Hall on **Sunday 26th May** after 10.00 a.m. Mass. Tea and treats will be served. Please ensure that you are up to date with your monthly payments or we might be forced to send Sheila around! Your call! You have been warned!