

Scoil Ghníomhach



Páirtíochtaí

Tá lúcháir orainn go bhfuil comhpháirtíocht láidir bunaithe againn le Club Lúthchleasaíochta na Rossa. Oibríonn an club lúthchleasaíochta seo linn i

mbloic sé seachtaine chun scileanna lúthchleasaíochta na bpáistí a mhúineadh agus a fheabhsú. Reáchtálann an club trialacha do scoileanna an cheantair freisin áit a dtéann buaiteoirí na gcomórtas áitiúla seo ar aghaidh go trialacha an chontae.



Tá an CLG i gcroílár an phobal agus tá an scoil ceangailte go dlúth tríd ár bpáistí leis an chlub áitiúil. Tagann ár n-oifigeach forbartha go dtí an scoil chun na scileanna atá de dhíth a theagasc do pháistí na scoile agus níos tábhachtaí fós, taitneamh a bhaint as peil Ghaelach. Spreagtar páistí de ghach chumas a gcuid scileanna a fhorbairt trí ghníomhaíochtaí spráúla taitneamhacha. Tarlíonn seo i mbloic 6 seachtaine.

Tagann baill as an chlub áitiúil iománaíochta chuig an scoil agus tá na páistí tosaithe ag foghlaim cad é an dóigh leis an chluiche a imirt chomh maith le tuiscint a fháil ar na rialacha a bhaineann leis.

Tá comhpháirtíocht cruthaithe ag an scoil fasta leis an amhránaí agus ceoltóir clúiteach Diane Ní Chanainn a thugann cuairt ar an scoil i mbloic le ceol agus damhsa a theagasc.

Corpoideachas

I Scoil an Aingil Choimhéadaí, cuirtear uair amháin, ar a laghad, de chorpoideachas ar fáil do gach páiste in aghaidh na seachtaine.

Múintear 5 shnáithe éagsúla corpoideachais ar a laghad do ghach páiste gach bliain. Beidh na snáithe lúthchleasaíochta, damhsa, gleacaíocht, cluichí, gníomhaíochtaí allamuigh agus eachtraíochta agus oiliúint uisce a theagasc don scoil bhliain 2022-2023

Cluichí

Díríonn an scoil ar scileanna peil Ghaelacha agus iománaíocht. Múintear na scileanna seo i mbloic sé seachtaine ag amanna éagsúla i rith na bliana. Glacann na páistí scoile páirt i mbliotsanna áitiúla CLG agus iománaíocht.

Lúthchleasaíocht

Múintear an lúthchleasaíocht i mbloic 6 seachtaine i rith na scoilbhliana. Glacann an scoil páirt fasta i dtrialacha áitiúla agus contae tríd an chlub lúthchleasaíochta áitiúla.

Damhsa

Is í Diane Ní Chanainn ár dteagascóir agus in éineacht le múinteoirí na scoile múintear damhsa i mblocanna éagsúla i rith na bliana.

Sábháilteacht Uisce

Ghlac an scoil páirt i gclár sábháilteacht uisce PAWS agus tá teastas sábháilteachta uisce faighte ag gach páiste.

Gleacaíocht

Bíonn pilates agus folláine intinne a theagasc do gach rang. Déantar é seo i mbloic i rith na scoil bhliana.

Gníomhaíochtaí Allamuigh agus Eachtraíochta

Úsáideann an scoil an cosán siúl timpeall na scoile agus gairdín na scoile chun gníomhaíochtaí allamuigh agus eachtraíochta a chuir chun cinn. Bíonn maratón, siúl thart ar Éirinn, picnic agus treodóireacht ar siúil fríd na bliana.

Gníomhaíocht fhisiciúil

Cuirtear cuid mhór béim ar ghníomhaíochtaí fhisiciúil sa scoil. Bíonn na páistí gníomhach ar feadh 40 bomaite gach lá mar gheall ar na sosanna scoile i rith an lae.

Le linn na chéad ráithe den scoilbhliain, glacann na páistí páirt i maratón i gcomhar le Pleanáil Teanga na Rosann. Úsáideann gach rang cosán na scoile chun dúshlán na siúlóide timpeall na hÉireann a chríochnú.

Feidhmíonn páistí ó na hardranganna mar cheannairí clós súgartha agus eagraíonn siad cluichí do pháistí na bunranganna le linn am sosa.

Mar chuid de 'Operation Transformation', téann na páistí ar shiúlóid gach seachtain le Sarah atá ag glacadh páirte sa chlár seo. Glacann siad páirt fasta i '10 ag 10' áit a ndéanfaidh gach rang 10 nóiméad de ghníomhaíocht choirp.

Úsáidtear sosanna gluaiseachta sa seomra ranga i rith an lae ionas nach mbíonn na páistí ina suí ar feadh tréimhsí fada ama.

Seachtain Scoile Gníomhaí

Cinntíonn Seachtain Scoile Gníomhaí go mbíonn na páistí gníomhach agus iad ag spraoi i rith an lae scoile ar feadh seachtain iomlán. Bíonn clár ama leagtha amach lán de ghníomhaí shúimiúla agus tagann baill ó na clubanna áitíúil isteach na scoile leis na scileanna éagsúla a theagasc.

School Partnerships

The school has formed many partnerships with local associations.



We are delighted to have established a strong partnership with Rosses Athletic Club. This local club works with us in six week blocks to teach and help improve the children's athletic skills. The club also runs trials for schools in the area where the winners of these local competitions go on to compete for the school and the club at County level which is a great source of pride for the school.



The GAA is such an integral part of every community and the school is intrinsically linked through our children to the local club. Our games development officer comes to the school to teach the school children the skills needed to play and most importantly, enjoy Gaelic football. Children of all abilities are encouraged to develop their skills through fun and engaging activities. Hurling is also taught and the children have started learning how to play the game as well as understanding the associated rules.

The school has also formed a partnership with renowned singer and musician Diane Ní Chanainn who visits the school in blocks to teach music and dance.



Physical Education

In Scoil an Aingil Choimhéadaí, all pupils are provided with 60 minutes of timetabled PE per week, as a minimum. The juniors have PE on xx and the seniors have PE on xx.

All pupils are taught at least 5 different PE strands each year. Our PE program for 2022-2023 will include Athletics, Dance, Gymnastics, Games, Outdoor and adventure activities, and Aquatics.

Every year, a different PE strand is chosen and all teachers work together to strengthen their delivery of this strand. This year's priority PE strand is Athletics. There are four strand units within this strand: running, jumping, throwing, and understanding and appreciation of athletics.

In our school, all PE activities are carefully planned and differentiated so that they are accessible by all pupils.

Each pupil's progress and achievements in PE is discussed with the parents at PT meetings and feedback is also included in the annual school report.

There is a big focus on physical education in our school.

Games

The school focuses on Gaelic football and hurling skills. These skills are taught in six week blocks at various times throughout the year. The school children take part in local GAA blitzes.

Athletics

Athletics is taught in 6 week blocks throughout the school year. The school also take part in local and county trials through the local athletics club.

Dance

Diane Ní Chanainn is our dance instructor and along with the school teachers, dancing is taught in various blocks throughout the year.

Water Safety

The school participated in the PAWS water safety program and every child has received their water safety certificate.

Gymnastics

Pilates and mindfulness are taught to each class level. This is done in blocks throughout the school year.

Outdoor and Adventure Activities

The school walk way and garden are used often for outdoor activities. These activities include a marathon, walk around Ireland, teddy bear picnic's and orienteering.

Physical Activity

Physical activity is taken very seriously in the school. The children are active for 40 minutes every day due to the school breaks throughout the day.

During the first quarter of the school year, the senior classes take part in a marathon in association with Pleanáil Teanga na Rosann. All classes use the school walkway to complete the walk around Ireland challenge.

Children from the senior classes act as playground leaders and organise games for the younger children during break times.

As part of Operation Transformation the children go on a walk each week with Sarah who is taking part in a local Operation Transformation program. They also take part in the '10 at 10' where each class will complete a 10 minutes of physical activity.

Movement breaks are used in the classroom throughout the day so that children are not sitting for long periods of time.

Active School's Week

Active School Week also ensures that the children are active while having fun during the school day for an entire week. A timetable is set with lots of physical activity and members of local clubs come to the school to teach the children the relevant skills.
